

MOVE FOR A BETTER YOU



Boys &
Girls
aged 3-12

First
Session
Free



COMMUNITY TRUST

At The Heart Of The Community

CELEBRATING 25 YEARS

1992 - 2017

TODDLER SOCCER & CHARLTON CHALLENGE

Greenwich

Charlton Lido and
Lifestyle Club
Hornfair Park,
Shooters Hill Road,
SE18 4LX
020 8856 7389
TODDLERS ONLY

Coldharbour
Leisure Centre
Chapel Farm Road,
Eltham, SE9 3LX
020 8851 8692
TODDLERS ONLY

Greenwich Centre
12, Lambarde Square,
Greenwich,
SE10 9HB
020 3795 0600
TODDLERS ONLY

Thamesmere
Leisure Centre
Thamesmere Drive,
Thamesmead, SE28 8RE
020 8311 1119
TODDLERS ONLY

Sutcliffe Park
Athletics Track
Eltham Rd,
London SE9 5LW
020 8294 0701

Waterfront
Leisure Centre
Woolwich High-Street,
Woolwich, SE18 6DL
020 8317 5010



Charlton Athletic
Community Trust



@CAFCTrust



@CAFCTrust



BETTER
the feel good place

Toddler Soccer 3-4 years old

Toddler Soccer is a great introduction to football, helping children from a very young age to interact with their peers. It is a fun-based concept aimed at 3-4 year-old children and encourages all aspects of mental and physical development using football as the tool. The children will develop basic all-round football skills in dribbling, passing, shooting and control as well as improving motor skills, balance, co-ordination, social skills and agility.



Charlton Challenge 5-12 years old

The challenge is a structured and progressive scheme to develop children's core football skills. It is designed to create maximum enjoyment and involvement to help young footballers from the ages of 5-12 realise their full potential. Courses are ongoing and concentrates on the game's four essential skills - dribbling, passing, control and shooting - as well as improving co-ordination, balance, fitness and social skills.

- ✓ Delivered by qualified FA & UEFA coaches
- ✓ Individual feedback for every child
- ✓ Certificates and gifts
- ✓ Charlton Athletic player appearances
- ✓ Player pathways into CACT Advanced Centre

For more information please contact:

Bradley Marshall
Football & Sport Development
07891 567901
bradley.marshall@cact.org.uk
WWW.CACT.ORG.UK



Karlan Ahearne Grant
Started at Charlton Athletic Community Trust and is now a first team player at Charlton Athletic FC

**To book please contact your
Better Leisure Centre directly**

www.betterlessons.org.uk